24 Hour Urine Collection Instructions (LTR38863)

Last Approved By: Hughes, Douglas (LIS Coordinator) (02/02/2023)   Revision: 2.08
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Attention: Printed copies MAY NOT be the most current information. Please consult the Lab QMS for the current version.

POSTED-LIS

Instructions for 24 Hour/Timed Urine Collections

1. Empty your bladder and discard the urine in the toilet.
   DO NOT COLLECT in jug.
2. Please record the time of discarded urine on the jug; this is your start time for this test even though you did not collect anything. (example: 02/02/08 @ 07:00am)
3. From that time onwards, all urine passed must be collected in the **jug provided**.
4. Continue to collect ALL urine through the 24 hour period up until the time you started the day before. If a timed specimen is collected, stop at the desired time (ex: 2 or 12 hours after beginning). Write the end date and time on the jug.
5. Please store the jug in a refrigerator or a cool place between uses and until you can deliver the jug to Outpatient Lab.
6. If a cautionary label is applied, please handle the urine jug with care.
7. Be sure to label the jug with your legal first and last name, and date of birth.

NOTE: It is very important that the container is labeled with name, date of birth, start time and date, and end time and date to ensure processing in a timely manner.

*IF REQUIRED, PLEASE SPEAK WITH YOUR DOCTOR BEFORE STOPPING ANY MEDICATIONS YOU ARE CURRENTLY TAKING PRIOR TO STARTING A URINE COLLECTION.

Should you have any questions for Blanchard Valley Hospital Out Patient Laboratory, please call 419-423-5328, or questions for Bluffton Hospital Out Patient Laboratory, please call 419-369-2314