

Blanchard Valley Health System Laboratory Services

Blanchard Valley Hospital 1900 South Main Street Findlay, OH 45840

Bluffton Community Hospital 139 Garau Street, Bluffton, OH 45817

Armes Family Cancer Care Center 15990 Medical Drive S, Findlay, OH 45840

24 Hour Urine Collection Instructions (LTR38863)

Last Approved By: Hughes, Douglas (LIS Coordinator) (02/05/2025)

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Attention: Printed copies MAY NOT be the most current information. Please consult the Lab QMS for the current version.

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Instructions for 24 Hour/Timed Urine Collections

1. Empty your bladder and discard the urine in the toilet.
DO NOT COLLECT in jug.
2. Please record the time of discarded urine on the jug; this is your start time for this test even though you did not collect anything. (example: 02/02/08 @ 07:00am)
3. From that time onwards, all urine passed must be collected in the **jug provided**.
4. Continue to collect ALL urine through the 24 hour period up until the time you started the day before. If a timed specimen is collected, stop at the desired time (ex: 2 or 12 hours after beginning). Write the end date and time on the jug.
5. Please store the jug in a refrigerator or a cool place between uses and until you can deliver the jug to Outpatient Lab.
6. If a cautionary label is applied, please handle the urine jug with care.
7. Be sure to label the jug with your legal first and last name, and date of birth.

NOTE: It is very important that the container is labeled with name, date of birth, start time and date, and end time and date to ensure processing in a timely manner.

***IF REQUIRED, PLEASE SPEAK WITH YOUR DOCTOR BEFORE STOPPING ANY MEDICATIONS YOU ARE CURRENTLY TAKING PRIOR TO STARTING A URINE COLLECTION.**

Should you have any questions for Blanchard Valley Hospital Out Patient Laboratory, please call 419-423-5328, or questions for Bluffton Hospital Out Patient Laboratory, please call 419-369-2314