

Collection Instructions for Semen Testing

Semen Analysis for Infertility

- ✓ Abstain from ejaculation for 48 hrs prior but no more than 1 week before collection.
- ✓ Write your name, date of birth, days of abstinence, collection date and time on the container.
- ✓ Collect semen sample through *masturbation only*. All of the ejaculate must be collected and sent for testing in the cup provided to ensure accurate results.
- ✓ Keep the specimen between 68°F and 104°F. This can be achieved by placing the specimen in a pocket on or near your body to help maintain temperature.
- ✓ Bring the specimen to the Laboratory within 1 hour of collection.

Post Vasectomy Semen Analysis

- ✓ Follow all collection requirements given to you by your provider.
- ✓ Write your name, date of birth, days of abstinence, collection date and time on the container.
- ✓ Collect semen sample through *masturbation only*. All of the ejaculate must be collected and sent for testing in the cup provided to ensure accurate results.
- ✓ Bring the specimen to the Laboratory within 1 hour of collection, or up to 24 hours. Motility can't be assessed if specimen is >1 hour old. Do NOT refrigerate or freeze specimen.

Collection date and time: _____

Days Abstinence: _____

I have read and complied with these instructions:

Name (printed) _____

Signature _____

****IMPORTANT****

Please return the Sample for Testing to BVHS at the following location ONLY

Blanchard Valley Hospital Laboratory
1900 South Main Street
Findlay, OH. 45840

PLEASE write your NAME, BIRTHDATE, DATE AND TIME OF COLLECTION, on the specimen label so that we can effectively process your specimen for testing.

Should you have any questions for Blanchard Valley Hospital Out-Patient Laboratory, please call (419)423-5328.